



AAWC

the right to a better life for women and children in red light areas

Annual Report 2018-19



Umeed



Udaan



Umang



Email- give@aawc.in



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FROM THE DESK OF THE CEO

Dear

Friends,

Greetings from Apne Aap Women's Collective!

Firstly, I am pleased to share the annual report with you! I would like to express my heartfelt gratitude for your constant support to our cause. Your support has led us to accomplish our target of holistically developing the women in brothel based prostitution and their children to create a path towards a dignified life and also break the inter-generational cycle of prostitution.



This was a promising year, we were elated for a landmark development when first time in AAWC history six of our Udaan beneficiaries got selected to be a part of the "Brave Kid Project" held in Poland. This selection and participation gave huge boost to their confidence and also familiarized them with different languages, culture and traditions. There was an additional delight as with the help of a volunteer Mr. Rupesh Tillu & Clowns Without Border, Sweden our girls got an opportunity to perform nearly six Clowns Drama shows in Stockholm. For consecutively third year got selected by DHL global under their "DHL's Got Heart Campaign" represented by Mr Aman Bhalla, a long term volunteer with our organization. I truly feel gratified to Rupesh and Aman for their volunteering endurance to strengthen and fulfilling our efforts.

The constant effort by our outreach team has led the women beneficiaries to understand the importance of basic literacy in their day to day life which has evolved their interest in the programme which showed a significant increase in the number of beneficiaries in our adult literacy programme.

The activities conducted throughout the year were planned in order to bring an overall development in our beneficiaries which has lead us to hundred percent success in breaking the intergenerational cycle of prostitution. Our girls had hundred percent success in passing the exams, we were able to arrange job placements for thirty five women beneficiaries and provide much improved physical and mental health to the toddlers.

It was privilege for me to receive the women icon award from Otters Club of Mumbai for the work with trafficked victims and their daughters.

Though this year was eventful we faced numerous challenges during the course of the activities, one of the major challenge was space constraint because of which we had to decline many new enrollment request made by the women beneficiaries for their children.

The passport making for the beneficiaries was a complicated process due to lack of various identification documents which led us to acquiring passport for only three beneficiaries out of seven, though we tried our best to resolve and overcome the crisis.

In the coming year, we are aiming to venture into different arenas of expansion for our women beneficiaries and their daughters/children, which would lay a foundation for their further development towards a dignified life.

Once again, I am very sincerely thankful to all our partners, supporters, board members and dedicated staff team for their perpetual support in making these developments possible.

Regards,

Manju Vyas
CEO

MANAGING COMMITTEE

ASHIKA MEHTA, PRESIDENT



Ashika Mehta has served as the President of the Managing Committee since 2012. She received her Bachelor of Arts in Psychology from Vassar College and went on to receive a Master of Social Work degree from Columbia University. She currently works as a psychotherapist.

AMRUDA NAIR, VICE PRESIDENT



Amruda Nair has served as Vice President of the Managing Committee since 2012. She has a Master of Management in Hospitality degree. She currently serves as the Head of Corporate Asset Management at The Leela Group and published of The Leela Magazine

MANECK DAVAR, GENERAL SECRETARY



Maneck Davar has served as our General Secretary since 2010. He is the sole proprietor of Spenta Multimedia, the largest custom publisher in India. Maneck also serves as Chairman of the Society for the Protection of Children in Western India.

SUDARSHAN LOYALKA, FOUNDER/TREASURER



Sudarshan Loyalka is the original founder of AAWC. He received his Bachelor of Science Degree in Engineering from the University of Washington in Seattle. Today, he is the Managing Director and Board Member of several public companies.

ADMIRAL VISHNU BHAGWAT ,COMMITTEE MEMBER



Admiral Vishnu Bhagwat has been a member of the Managing Committee since 2004. He graduated from the National Defence Academy of India and is a former chief of Naval Staff of India. He has received both AVSM and PVSM medals in honor of his service.

JAGDISH JOSHI ,COMMITTEE MEMBER



Jagdish Joshi joined us as a committee member in 2016. A former member of the Indian Administrative Service, he has held important positions in the Government of Maharashtra and Government of India.

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ABOUT AAWC

AAWC was established in 1998 in order to work with one of the most underprivileged and isolated sections of Mumbai's society, women in brothel-based prostitution and their children. What began as a one room drop-in center soon developed into a resource center with professional counseling services, medical care, microsavings, and other services. We have designed three programs: Umeed for women in brothel-based prostitution (18+ years), Udaan for their daughters (5-18 years), and Umang for their toddlers (2.5-5 years). By providing our beneficiaries with the tools and resources to create a better quality of life, we seek to empower those women who have been trafficked into brothel-based prostitution, to prevent the intergenerational cycle of prostitution amongst their daughters, and to assist the toddlers in becoming healthy and responsible citizens. Today AAWC operates two centers, one in Khetwadi and the other in Kamathipura, in one of the largest red light areas in Asia

MISSION:

To provide a caring and supportive platform of wholesome services to help women, girls, and children in the Red Light Area make choices for a dignified and better quality of life.

VISION:

To provide the tools and resources for empowerment to trafficked brothel-based prostitutes, their daughters, and children in Mumbai's Red Light District, and to prevent the cycle of inter-generational prostitution

WHO WE SERVE?



Based on a report published by the Govt of India, 2016* there are approximately 10 million sex workers in India out of which 1,00,000 belong to Mumbai alone which is Asia's largest sex industry center. Some of the predominant causes for sex trafficking are economic deprivation, forcible entry by a relative, deception, religious tradition, and strenuous family structure. For many women, especially for those in rural areas, there is a dearth of education and income-generating opportunities and thus they fall prey and get trafficked for sex trade. Even though the Devdasi system has been abolished in India, still old Devdasis are continuing in Kamathipura.

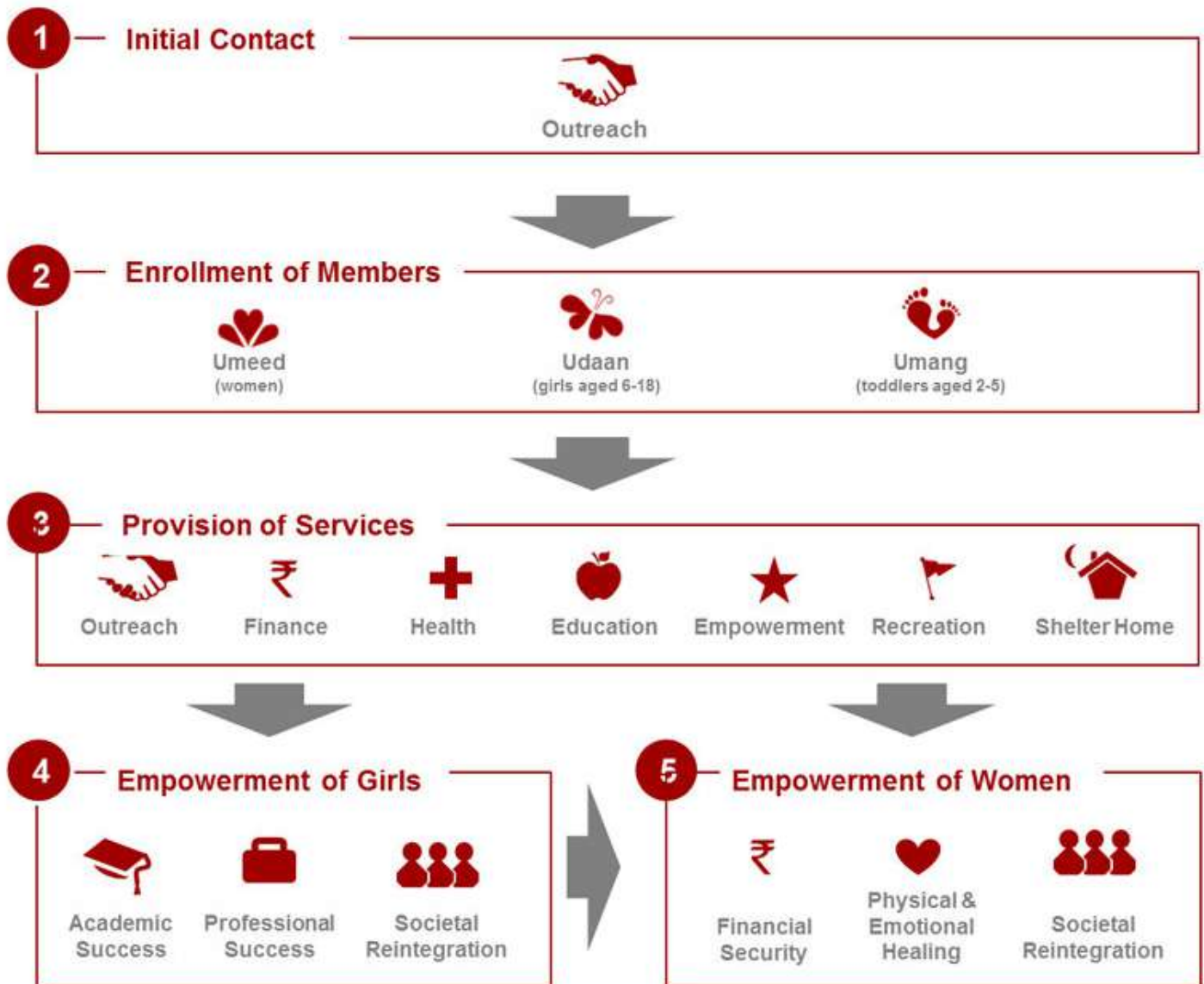
In Kamathipura, women are mainly trafficked from Maharashtra, neighbouring states such as Tamil Nadu, Karnataka, Andhra Pradesh and country such as Bangladesh. AAWC serves those that find themselves in the sex trade, including other marginalized women associated with brothel-based trafficked prostitution

LEGISLATION

In 1956, India imposed the “Immoral Traffic Prevention Act (ITPA), which defines a ‘trafficker’ as a “recruiter, transporter, transferer, harbinger, or receiver of a person for the purpose of prostitution” by means of threat, use of force or deception, abuse of power, or giving or receiving of payments or benefits. Immoral Traffic (Prevention) Act 1956 (ITPA) prostitution becomes an offence when there is commercial exploitation of a person. If a woman or child is sexually exploited and any person gains out of the same, it amounts to commercial sexual exploitation (CSE), which is a legally punishable offence wherein the culpability lies against all exploiters. (To know more about it [http://tcw.nic.in/Acts/Immoral_Traffic_Prevention_Act_\(ITPA\)_1956.pdf](http://tcw.nic.in/Acts/Immoral_Traffic_Prevention_Act_(ITPA)_1956.pdf))

In 2011, India enacted the Protection of Children from Sexual Offenses Act in order to effectively address the issue of child sexual abuse and exploitation. Looking at the current scenario of the issue wherein trafficking has been rapidly increasing and children are being exploited for the purpose both the act hold importance in dealing with the issue. In order to work with our beneficiaries and bring about a change in the situation incorporating the legalities in mind we introduced the theory of change which helps us in initial rapport building, enrollment of beneficiaries, provision of services, empowerment of women beneficiaries and their daughters breaking the cycle of intergenerational prostitution and leading them towards a dignified life. (To know more about it <https://wcd.nic.in/sites/default/files/POCSO-ModelGuidelines.pdf>)

THEORY OF CHANGE



PROGRAMMES OVERVIEW

UMEED

The objectives of the Umeed Program are to help women who have been trafficked into prostitution with their physical, mental and economic well-being. Umeed is a constant empowerment program, which aims at a holistic and overall development of the beneficiaries through services such as outreach- the outreach team helps identify potential beneficiaries, conducts field visits, provide aid in obtaining identity documents (Voter Card, Ration Card, PAN Card, Aadhar card) which enable them an access to government benefits and schemes. Finance/financial literacy, empowerment/ vocational training, education/ adult literacy, health- mental & physical such as medical referrals, medical monthly check up/ health camps/ nutrition, counselling, recreation and shelter home placement. Since these women enter prostitution at a very young age, they are uneducated and unskilled, which makes such an empowerment process imperative.

UDAAN

While serving the women in brothel-based prostitution, AAWC realized that their daughters were at a greater risk of entering the cycle of inter-generational prostitution due to their close proximity to sex trade. They were normalized to the act of becoming a prostitute, did not have any positive role models, and thus no alternative aspirations for the future. By encouraging these girls to develop a passion for education, and inculcating self confidence in their unique talents. Unlike community programs that rely on vocational training in low-wage positions, we equip our girls to pursue aspirational professions and enable genuine socioeconomic mobility.

The services provided to the girls include formal and informal education which involves enrollment in government and private school, tuition after school, mentor mentee programmes, exposure visits, educational vocation classes, educational workshops and career guidance oriented exposure visits which exposes the beneficiaries to various professions, health includes both physical and mental health which consist of monthly check ups, medical referrals, quarterly medical camps, daily nutritional meals and multivitamin supplements, counselling, art therapies, involvement in extracurricular activities such as dance, drama and music, recreational activities and shelter home services. Along with these services various job skill trainings are conducted and Job placements are provided to the beneficiaries for their economic independence away from red light area after the completion of their education.

UMANG

The objective of our Umang Program is to help toddlers (ages 2.5 to 5) develop physically, cognitively, emotionally, and socially in preparation for formal schooling. AAWC realized that children are left unattended and loiter around on their own in the community as the mother's/ women beneficiaries are physically and mentally unable to look after the children due to their erratic long working hours. Hence the children witness explicit sexual acts, various illicit activities prevalent in the area such as drug peddling and gambling which makes them easily vulnerable and gullible for the dealers to exploit them. Moreover, the exposure of the community has an overall unhealthy impact on their young minds. Very soon they start aspiring to become the most powerful goon of the community or the area.

As a result, AAWC started working with the children in the red light community by providing them with a safe and secure environment through various services such as regular kindergarten classes, e-learning sessions, social and life skills sessions, health services both physical and mental which includes daily nutritional meals and multivitamin supplements, medical referrals, monthly medical check-up , quarterly health camps, counselling sessions, therapies, recreational activities, shelter home services and boarding placements.



Field Visit

FIELD VISITS
1,08,226

OUTREACH

As an initial point of contact our outreach team provides women of red light district with regular adult literacy classes nutritional supplements ,health camps,counseling and other emotional support.Our outreach team faces many challenges the team assess these challenges and determines the most effective way to mitigate the risks. They visit the women in the mornings when work is slow and take the time to build relationships within the community and gain their trust. Regardless of the challenges to the work, it is an extremely fulfilling endeavor when women and their children become a part of AAWC programs and begin to thrive and succeed in their lives. This year we have been able to enroll 2298 women in our programme.

This is one demonstration of the constant efforts put in by AAWC, clubbed with growing awareness among to strive for a better life through the resources provided by us.



Adult literacy classes

ADULT LITERACY
174

EDUCATION

Truly believing that education is the premise of progress our organization makes an effort to impart adult literacy to all the beneficiaries by visiting the field. Starting from basic alphabets to writing their name and then signature, Basic numerical to understanding number on their phone and able to read the watch which helps them understand which hour of the day it is. These Constant efforts put in each day through creative methods have brought multiple beneficiaries to develop wholly and improve their understanding of legalities and recognize documents that could be helpful for them.

Adult literacy along with financial literacy go hand in hand which helps to make the women beneficiaries independent which was seen this year that the beneficiaries require less support to open a bank account, deposit and withdraw money. Even awareness about various schemes that are undertaken is implemented better which leads to them benefiting from all the schemes related to saving by the government which has led to an increase in planned saving by the beneficiaries. This year 78 savings accounts were opened by Umeed beneficiaries



Dental camp for Umeed beneficiaries

MEDICAL
REFERRAL
1685

HEALTH

Physical Health:

Our outreach team makes continuous efforts to bring improvement in the health of our beneficiaries by providing them nutritional supplements at their door step supplements involve (bananas, moringa seeds, bread and soy milk) along with, keeping a track of their health improvement through weight measurements.

AAWC works to help women obtain proper medical services including assisting with medical referrals, escorting women to hospitals to get adequate treatment, preventative awareness sessions, and through a nutrition supplement program. General hygiene, menstruation and ovulation, and contraception education sessions are also conducted as well as sessions that are directly related to the health status of the women



Art therapy for umeed beneficiaries

COUNSELLING
SESSION
401

Mental Health:

AAWC understands that women in the red light districts go through both mental and physical traumas, and hence it is imperative to support them through our mental-health assistance. Mental health assistance which involves regular counseling and therapy sessions with all of our women beneficiaries. on topics such as sexual and menstrual health, substance abuse, personal relationships, effective parenting, healthcare for chronic illnesses, etc. which may have adverse effect on the mental well-being of our beneficiaries.

Most of our counseling happens on the field, while therapy sessions take place on individual and group basis at our centers. Few beneficiaries constantly require counselling to make them understand the importance of ART, daily care and their health issues etc.,we have conducted 401 counselling sessions



TB awareness session



Breast cancer awareness session



Hepatitis B awareness session

HIGHLIGHTS

- General medical camp
- Medical referrals
- Dental camp
- ART therapy for HIV+ patients
- World AIDS day celebration
- World tuberculosis day celebration.
- Hepatitis B awareness session
- Educational sessions on sexual health and hygiene -Distribution of nutritional supplements



Beauty parlor training

ACTIVITIES
CONDUCTED
550

EMPOWERMENT

Considering that women are trapped in prostitution at a young age, and thus remain unskilled, uneducated throughout their lives, we find it imperative to conduct meetings to educate them regarding important aspects of their lives thus we conduct “Area Activities”, where the Outreach Workers (ORWs) mobilize women and discuss about various topics such as Beautician classes, ration card and bank accounts, harmful impact of alcoholism, drug addiction and legal advocacy. Apart from the area activities, we also hold monthly meetings, where specific issues of community/beneficiaries are addressed and they gather relevant knowledge and information on it. Besides regular topics such as effective parenting, myths & misconceptions, awareness about multiple abortions & safe sex, coherent treatment, the other major topics for the meetings were about the post office accounts and Sukanya Yojana (money saving scheme by govt for girl child), cancer where knowledge about different types of cancer was given and hepatitis-B awareness conducted by United Way of Mumbai.

An exposure visit was conducted to an NGO, the motive was to empower survivors of exploitation and trafficking to reintegrate into society as dignified, positive and productive women through vocational training and job placements.



Holi celebration for Umeed beneficiaries



Umeed annual picnic

RECREATION

In order to provide relief from the day to day activity that our beneficiaries undergo due to their work environment it is a must for them to have a break and a joyous moment to be happy. The beneficiaries were taken to Swami Narayan temple and Prati Shirdi temple, Pune for annual picnic. The beneficiaries were really excited and happy they sang songs, and played games throughout the journey. We celebrated all the Indian important festivals such as Holi, Eid, Rakhi, Dandiya, Diwali, Makarsankranti etc.

International women’s day was celebrated with beneficiaries to provide them a platform where they can share their story to inspire others in collaboration with Stakeholder NGOs working with the same target group.

This year Human Rights day was celebrated wherein beneficiaries have been made aware of their rights and a recapped of what rights they are already aware of and has been helpful for them.



Photo frames made by Udaan beneficiaries

FIELD
VISITS
2118

OUTREACH

Our outreach team has to put in a lot of effort and face a lot of hardship to convince the mothers to enroll and send their daughters to our center, which is through making them realize the need for their daughters to come out of the community for their productive growth and safety from all the vulnerabilities they would face in the community.

Through constant follow up and counselling, we had a maximum strength of around 88 Udaan girls at our centers. The beneficiaries once enrolled avail the facilities that would enhance their skill, empower them and help them achieve their dreams and achieve their inspirations. Facilities include of the beneficiaries having access to formal and informal education, all forms of assistance with their health (ex: referrals, camps, nutritional support, etc.), awareness activities, counseling and therapies, vocational training, life skills sessions, recreation, rehabilitative measures like night-shelter house and boarding homes, etc. among other general support, regular boarding home follow ups and aadhar card updates of beneficiaries.



Tuition classes of Udaan beneficiaries

ANNUAL
PERCENTAGE
PASS
100%

EDUCATION

Formal Education

Education is the most powerful weapon which you can use to change the world” -Nelson Mandela truly believing in this AAWC assists the girls in varied ways to pursue their education . This year we enrolled beneficiaries in private and government schools. We conducted follow up visits with teachers in school to understand the progress of the beneficiaries.

”The Udaan beneficiaries are supported with after school tuition classes to receive external help with their education so that they may be able to cope with the syllabus competently. We conduct regular meetings with Udaan tuition teachers, attend school parents meet in order to track the progress of the beneficiaries. Regular mother’s meeting is conducted to discuss the progress of their daughters and familiarize them with the educational system they are part of and the developments with regards to their overall performance and behaviour.

The Friday sessions are continued with an innovative mode of teaching is utilized such as laptops are used. As these topics are covered in a different pattern then there regular teaching process it has been noticed that the girls enjoy the sessions and pay more attention which reflects that visual depiction of subjects make the learning procedure easy for them and help in retaining it for a longer period of time.

The girls attend weekly in house computer classes in order to learn basics of Microsoft Office emailing and internet usage. This is taught so that the beneficiaries will be able to benefit from the same while pursuing their further studies or involving themselves in future job opportunities. The beneficiaries are taken for educational exposure visits to varied places which improves their knowledge on other aspects such as technology, profession, environment etc.



Life skill session with udaan beneficiaries



Drawing session with udaan beneficiaries

Informal Education

Empowering the beneficiaries is an important aspect, as it will help them choose aspiring career and help them take responsibility and lead their mother towards a positive path of quitting their profession..

This year we have made identity documents for our beneficiaries as we understand the importance of having an identity prove to avail the facilities provided through government schemes for the children and also their future.

We focus on activities that will enhance skill, inculcate good habits, spread awareness and instill confidence within the beneficiaries.

The activities consist of house on duty for which groups are formulated the duties of the groups rotate on a weekly basis. The main objective behind this group formation is to make the girls responsible and disciplined in life while discover group dynamics and leadership skills beside many other key benefits. Regular Udaan monthly meeting is conducted to discuss and understand the challenges beneficiaries face. Also varied topics are discussed which make them aware about the various happenings around them.



Fashion designing classes for udaan beneficiaries

Life skill sessions are conducted in which the beneficiaries are taught healthy habits related to hygiene maintenance, loving oneself, decision making, wants and needs, valuing relationship, awareness session about menstruation and usage of Sanitary Pad is explained.

Junior Shakti and Senior Shakti session take places, which consist of storytelling to the beneficiaries the stories are based on reality instances such as trafficking, acceptance of being different, good touch and bad touch, importance of being alert about the place and situation, importance of saying No etc.

Udaan-Umang session are also conducted as mentoring the main motive of which is to make the beneficiaries responsible of each other and one's activities. During this session, the Udaan beneficiaries teach Umang beneficiaries' different things such as song, dance, educational topics, social skills, good habits and bad habits etc.

In order to add to their vocation, this year AAWC introduced fashion designing course for the beneficiaries. All the beneficiaries take good interest and create varied designs using different stitches on the cloth. The beneficiaries also undergo training in spoken English class and improve their communication in English majorly focusing on usage of words to formulate a complete sentence. Apart from these activities beneficiaries have regular drawing sessions where they learn different forms of drawing such as Hamsa painting, canvas painting etc.



Computer classes of Udaan beneficiaries



Health Camp



HEALTH

Physical Health

The beneficiaries belong to a susceptible background and belong to the age where they require maximum nutrition for physical and mental development taking this into consideration our beneficiaries are provided with 5-6 times healthy and nutritional meal that is prepared according to the diet chart. In addition multivitamin supplements are provided to the beneficiary. Height and weight assessment are done to track the improvement in beneficiaries health.

General health, dental, eye camps are conducted through out the year. These medical camps are important for initial assessment of our beneficiaries health issues after which we can assist the beneficiaries with medical referral so that they may be able to get timely medical help from trusted practitioners.

The beneficiaries in order to be physically fit participate in outdoor games and also undergo training in karate which does not only make them fit and agile but also equips the beneficiary to defend themselves in times of need.



Annual sports event



Annual drama event

Mental Health

We conduct various therapy sessions for our udaan beneficiaries along with various activities such as theater classes, music classes, art classes and sports activities in order to improve their mental health .

This year Annual drama event was conducted both the centers performed a comical named “Andher nagri chaupat rani” and “Girgit”. As our beneficiaries performed for their mother’s they were very excited and happy. They performed an excellent show and our mother’s (Umeed Beneficiaries) laughed their heart out seeing the performance. it was a happy as well as an emotional moment for the mother’s to see their daughters grow .



Dance activity with udaan beneficiaries.



Art and craft activity with volunteers

The beneficiaries are regularly having their drama class, which is not only helping in enhancing their theatrical skill but also contributing a lot in their personality development. It has therapeutic effects on the girls as they are getting help in cultivating and improving their personal traits very effectively. A vast improvement in their acting skills was visible in the annual drama event.

The annual sports took place wherein the beneficiaries participated enthusiastically in the various events organised for them. They had very good sportsman spirit and enjoyed all the games that was organized. The beneficiaries were thrilled to get prizes for their win it made them realize their interest in sports activities.

The beneficiaries attend bi weekly music classes in which they learn vocal songs along with musical instrument which help them deviate their minds and also add to their skills. The beneficiaries often have dance session which is to relax their mind and cater to their physical fitness.



NEW
SHELTER
HOME
ENROLLMENT
17

SHELTER

When our outreach workers did an assessment it was made evident that, the brothel owner /other close-knit community members lured adolescent girls of Kamathipura into the flesh trade. These brothels are the spaces where their mothers (and the girls themselves, often) are living under. Especially since the brothel owners would find it easier to trap a young girl already living in the community, than to traffic girls from other parts of the country- such a phenomenon has become rather common in the red-light districts of Mumbai.

Hence, we recognized the need to provide a safe and secured space for our beneficiaries. Thus, we run a night shelter for adolescent girls. Our night shelter beneficiaries participate in all our educational, health and empowerment-based activities along with the usual extra-curricular, recreational visits and celebrations held at the center during the day. Daily journal writing is an important activity girls loves to do every night before going to sleep.



Annual Udaan picnic



Annual Udaan picnic



Christmas celebration with Udaan beneficiaries

RECREATION

The beneficiaries for recreational purposes are taken for regular garden visits and outdoor games.

This year the Udaan beneficiaries were taken for annual picnic to Essel world.- a famous amusement park. They had an amazing time on the different rides. It was a funfilled and relaxing experience for the beneficiaries along with exploration of various rides.

Along with the indoor and outdoor activities we also celebrate various festivals so that the children along with a relaxing activity attain knowledge of various festivals and important days such as Republic day, Women's day, Diwali, Christmas, Holi etc.



Painting by Umang beneficiaries.

FIELD VISITS
1622

OUTREACH

The toddlers of this community are exposed to many forms of violence and abuse due to which they are susceptible to an exploitative environment. Our outreach team puts in a lot of effort to identify these toddlers so that they can be given services which can help them grow in a holistic environment away from unsafe red-light area or community and give them tools to a better future.

With the continuous effort of our outreach team, this year we have been able to enroll 583 members in our Umang program. Upon enrollments, these beneficiaries have access to kindergarten education (Balwadi), all forms of assistance with their health (ex: referrals, camps, nutritional support, etc.), therapies, interactive activities, exposure and recreational visits and rehabilitative measures like night shelter house amongst other general support and aid.



Foot painting by Umang beneficiaries

NEW
ENROLLMENT

32

EDUCATION

Kindergarten is undertaken for the toddlers to prepare the children for mainstream education and develop their social and communication skills. It is designed specifically keeping in mind the aspects of child's development. In addition to social and communication skills, it helps develop discipline, neuromotor skills, neuromotor coordination, basic English, Hindi and basic numeracy. The education program is run by qualified teachers trained in early childhood care and education. Various innovative skills are used by teachers to improve the beneficiaries sensory and auditory skills. It has been observed this skill has helped them learn shapes, size, colours, animals, birds and vegetables.

Apart from basic education such as alphabets and numbers teachers have also tried to teach words related with our day to day life such as (Day-night, sun-moon, fast-slow etc) the objective of this is to make them understand the difference between different actions, things and commands. Overall it has been observed that children are more participative and interested in the activities due to the innovative learning techniques being used for teaching. The rise in their interest has led to an increase of learning.

In addition, e-learning sessions are also conducted with the children as visual depictions of subject helps the children to learn faster and also retain it in their memory. Regular 'Children Future Planning Sessions' (CFS) are conducted with the mother's to update them about the progress of the child along with information about various important aspect that they need to take care of for the child's future. The information can be related to documents, school enrolment, child's health, recreation activities for the child etc.



Health camp for Umang beneficiaries

HEALTH
CAMPS
152

HEALTH

Physical Health

As the beneficiaries come from a susceptible background and suffer from malnutrition or undernourishment, we provide our beneficiaries with healthy and nutritional meal, which is prepared according to the diet chart along with multi vitamin supplements.

Along with nutrition regular monthly check-ups of the beneficiaries are undertaken, regular health camps are also conducted during which detection and immunizations are provided to the beneficiaries. Their height and weight assessment are regularly done to keep a track of improvement in the beneficiaries' health.

On a micro level, AAWC teaches the children proper hygiene by having them brush their teeth daily at the center as well as checking their nails for cleanliness and instructing them on taking baths or reminding them to wash their hands without fail every time after using washroom or before and after having meals.



Annual sports for Umang beneficiaries



Flash card recognition

MENTAL HEALTH

Acknowledging the fact that most of our beneficiaries are born into single parents, violent or broken family structures their first contact with society, we recognize the fact that these toddlers may not have formed satisfying relationships or learnt to emote coherently in their early childhood.

To combat further development of their emotional instability and prevent any mental health crisis in the future, we hold various therapy sessions with our Umang beneficiaries. This include art therapy and referrals to external experts for aid with severe mental health issues. In order to provide a congenial environment and sufficient amount of exercise we take the beneficiaries regularly for garden visits where they play games and outdoor activities are conducted. To maintain good health, we conduct fitness activities such as yoga and sports.

This year annual sports of Umang beneficiaries was conducted. The toddlers were very excited during the entire event and were also very happy to participate in all the sports activities that was organized. Activities such as Running race, Lemon and spoon, Frog Jump, Potato race, and throw ball were conducted. It was very interesting to see that the beneficiaries understood the activities and knew that it was a competition they were happy to receive chocolates after the event.

Along with these activities music and dance sessions are conducted for the beneficiaries where the dance their heart out and learn songs from the older Udaan beneficiaries.

NIGHT SHELTER

We also run our own rehabilitative night shelter for the most vulnerable toddlers of women in prostitution. Acting as a safe space away from the disturbances and brutalities of the red-light district, our night shelter provides a home for many young children who have never known the comforts of a family and healthy living. With a capacity of 25 toddlers, the members of the night shelter have access to all the other Umang activities like education, health, empowerment, extra-curricular, recreational and exposure visits, and celebrations held at our centers.



Dance session for Umang beneficiaries



Kidzania visit.



Holi celebration with Umang beneficiaries.

RECREATION

The toddlers celebrate different kinds of festival such as Diwali, Holi, Christmas, Rakshabandhan etc in the center it gives them an understanding of the why we celebrate it, how we celebrate it and gives them a time of enjoyment. The beneficiaries were taken to Kidzania (an amusement cum career guidance cum entertainment park) in order to understand the roles of different professions (doctor, fire fighter and police men) through practical implementation as they provide set up of hospital emergency room, Police Station and fire brigade office along with fire extinguishing tools.

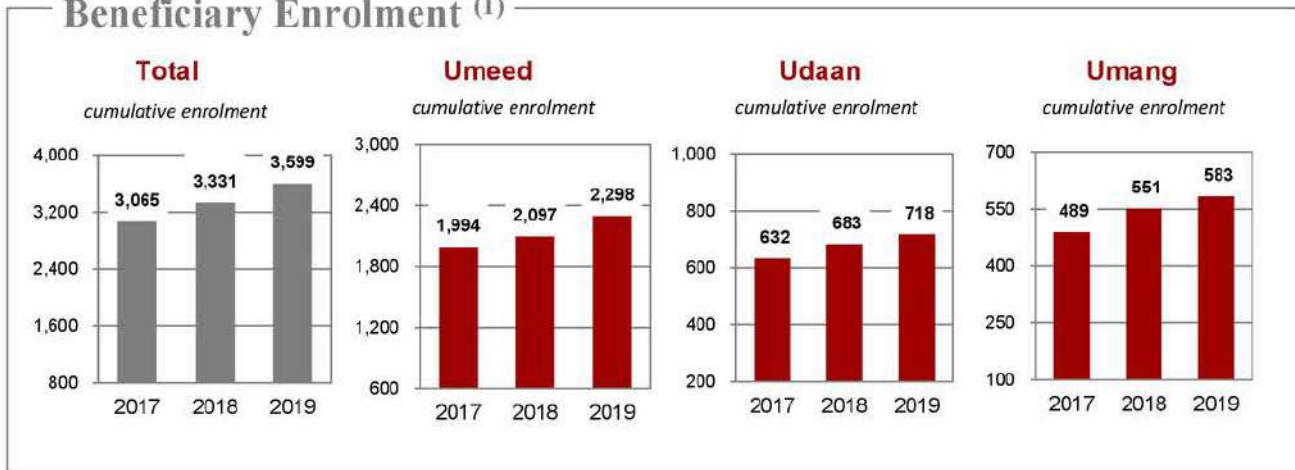
Along with the role playing activities the kids also got an opportunity to visit the factory set up of Kellogg's and fruity. This led to better understanding among the beneficiaries about how the food they consume in a regular basis are made.

Impact

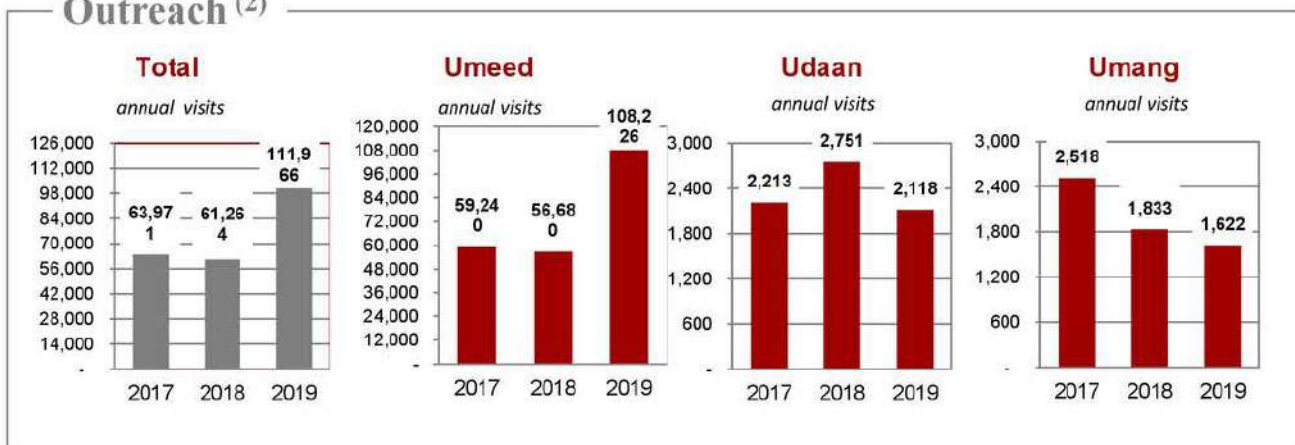
Statistics

For financial year ending 31 March 2019. Please note some statistics may differ slightly from those reported in FY 2018 Annual Report due to an updated monitoring methodology.

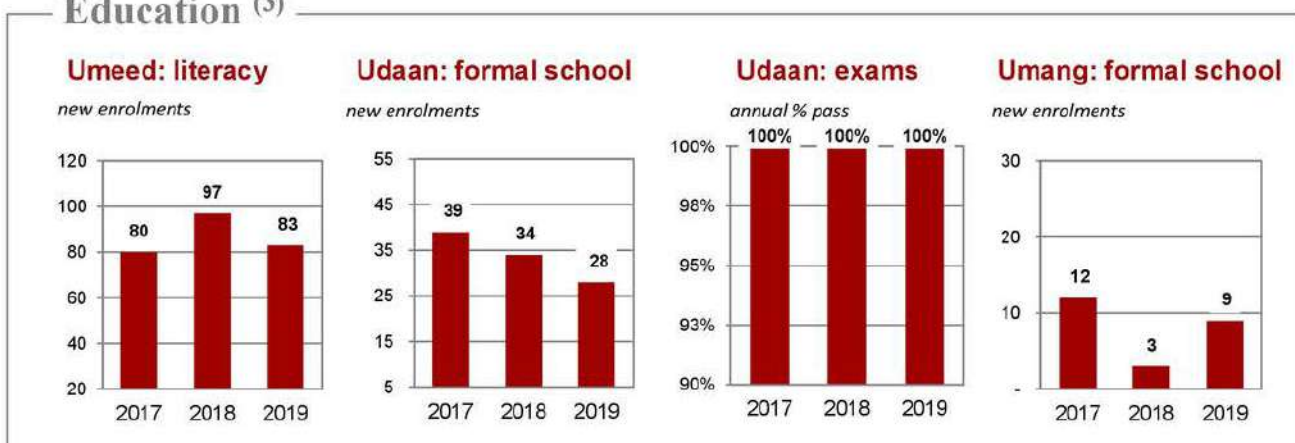
Beneficiary Enrolment (1)



Outreach (2)

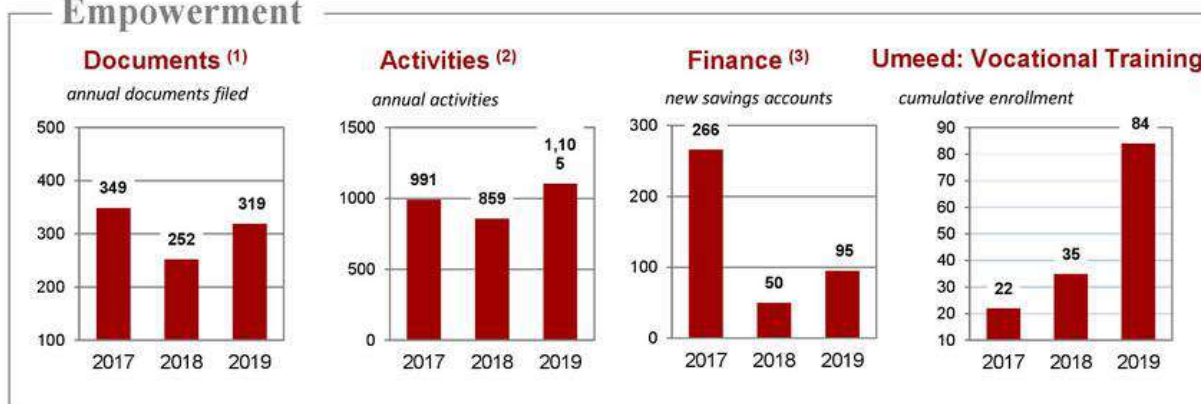


Education (3)

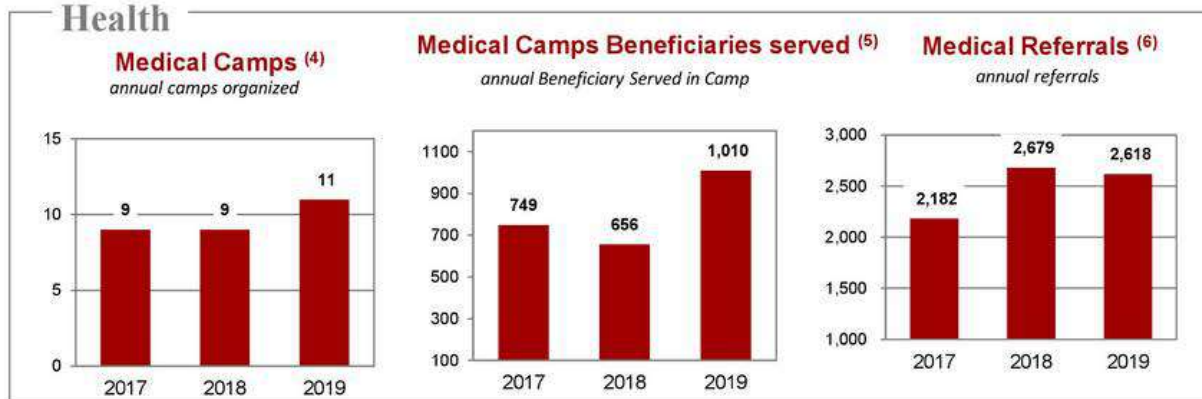


1. As of 31 March 2018, AAWC has served more than 3,000 individuals, including non-beneficiaries.
2. Includes visits by field team to beneficiaries' homes, boarding homes, as well as visits by beneficiaries to the AAWC centre.
3. School year begins in June (second quarter).

Empowerment



Health



Shelter (7)



1. Documents include Ration card, PAN card, Aadhar card, gazette filings, health card, voting cards, birth certificates, birth affidavits, general affidavits, and death certificates and other services provided.
2. Activities include all workshops and excursions for legal awareness, general health knowledge, reproductive health knowledge, government schemes awareness, creativity development, career exploration, life skills development, professional skills development, physical fitness, human rights awareness, recreation, and other extracurricular purposes.
3. Savings accounts include formal bank accounts held at the Bank of Maharashtra.
4. Medical camps include general health, dental, vision, and immunisation camps.
5. Beneficiaries served in Medical camp direct and indirect beneficiaries.
6. Medical referrals are provided to ensure beneficiaries are properly treated at hospitals, where they are often denied service due to discrimination.
7. AAWC night shelter for Udaan and Umang Program is located in Kamathipura, while external shelters are located throughout Greater Mumbai.

FINANCIAL REPORT 2018-2019

Balance Sheet

	F. Y. 2018 - 19	
	INR ₹	USD \$
ASSETS		
Current Assets		
Cash in Hand	37,284	537
Bank account (domestic)	571,796	8,234
Bank account (international)	1,690,200	24,339
Total Cash	2,299,280	33,110
Deposits & Advances	575,880	8,293
TDS Receivable	950,348	13,685
Total Current Assets	3,825,508	55,088
Investments		
Bombay Mercantile Co-Op. Bank Shares	900	13
Fixed Deposits	55,336,728	796,864
Total Investments	55,337,628	796,877
Fixed Assets		
Computers	139,804	2,013
Camera	5,966	86
CCTV	37,760	544
Equipment	65,748	947
Furniture and Fixtures	272,755	3,928
Mobile Phone	4,595	66
Motor Car	527,601	7,598
Printer	9,718	140
Cycle	5,583	80
Fan	3,935	57
Projector & Screen	11,574	167
Water Pump & Water Filter	13,686	197
Refrigerator & Washing Machine	33,611	484
Total Fixed Assets	1,132,336	16,306
TOTAL ASSETS	₹ 60,295,471	\$ 868,272
LIABILITIES		
Current Liabilities		
Membership Fund	8,190	126
Earmarked Funds		
Domestic Earmarked	24,515,084	376,364
International Earmarked	10,177,754	156,252
Fixed Assets Fund	125,137	1,921
Education Fund	-	-
Total earmarked funds	34,817,975	534,538
Corpus		
Corpus (domestic)	6,739,289	103,464
Corpus (international)	268,406	4,121
Total Corpus	7,007,695	107,585
Liabilities		
Liability for expenses	1,019,755	15,656
TDS payable	-	-
Total Liabilities	1,019,755	15,656
General Funds (Income & Expenditure A/c)	17,441,856	267,774
TOTAL LIABILITIES	₹ 60,295,471	\$ 925,677

FINANCIAL REPORT 2018-2019

Income Statement

	F. Y. 2018 - 19	
	INR ₹	USD \$
INCOME		
General Donations		
General Donations (Domestic)	2,058,613	29,449
General Donations (International)	3,213,763	45,974
Total General Donations	5,272,376	75,424
Interest		
Bank Interest (Domestic)	-	-
Bank Interest (International)	30,650	438
Interest on I. T. Refund	28,995	415
Fixed Deposit Interest	3,847,252	55,037
Total Interest	3,906,897	55,890
Other Income	-	-
Transferred from Earmarked Funds	16,940,590	242,342
TOTAL INCOME	₹ 26,119,863	\$ 373,656
EXPENSES		
Administrative	1,225,327	17,529
Program		
Umeed	3,367,885	48,179
Udaan	12,347,379	176,635
Umang	-	-
Total Program Expenses	15,715,264	224,814
Audit Fees	30,000	429
Depreciation	245,351	3,510
TOTAL EXPENSES	₹ 17,215,942	\$ 246,281
NET INCOME	₹ 8,903,922	\$ 127,374

ACCOLADES



**Women icon Award
Manju Vyas, 2018**



**CERTIFICATE OF MERIT
World CSR congress Award -
2017**



**Global Giving- Top ranked
certification
2016**



**GuideStar India NGO
Transparency Awards
March 2016**



**Receiving of Gulabrao
Ganacharya Award
November 2015**



**BASF Connected to Care I
Shortlisted as top 150
Global Winners
June 2015**



**GuideStar India – Gold Star
Certification
March 2015**



**Dasra Girl Power
Awards – Top 5 Finalist
March 2015**



**UN Women Singapore
and MasterCard:
Project Inspire – Top 50
Projects
August 2014**



**India NGO Awards –
Top 10 Small NGOs
June 2014**



**NGO of the Fortnight
Winner - India
March 2014**



**AmeriCare India's Spirit
of Humanity
Jury's Choice Award
April 2014**

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KBH Bachooali Charitable Ophthalmic
& ENT Hospital
Kids Postcard Project
Kidville India
Kotak Education Foundation
The Leela Group
Life Insurance Corporation
The Lighthouse Project Lions
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Mumbai Mobile Creches Municipal
Corporation of Greater
Mumbai Ward Office
MSRLM Nair
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Nimlata Niketan College of Social Work
Oasis India
The Oberoi Hotel, Nariman Point
The Peacemakers
Pentagon Consultants
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Rangoonwala Foundation Rationing
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Wellness Rotary Club of
Mumbai R.S. Nimkar
Hospital Sahachari
Foundation Salaam
Baalak Trust Salvation
Army Samhita
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Sanjeevani
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CONTACT US

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**Address: Room No 2, Ground floor, BMC school Sindhi Lane,
Near Gol Deval Temple, Mumbai 400004, India.**

Hours: Monday - Saturday, 11AM - 7:30PM

Kamathipura Centre

Phone: +91 22 2308 3326

**Address: 61-B, Room No. 6, Ground
Floor, Shankarrao Pupala Marg,
11th Lane Kamathipura,
Opposite Pochammadevi Temple, Mumbai
400008, India**

Hours: Monday - Saturday, 11AM - 7:30PM (day centre), 7PM - 10AM (night shelter)

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